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ABSTRACT OF THE DISCLOSURE

A polishing tool applicable to various types of polishing objects is provided that enables to stabilize the polishing speed and to obtain superior surface details while reducing the formation of defects such as scratches on the polished surface. The tool is operated by pressing and sliding on the polishing object in a swinging motion and the surface is polished with abrasive particles imbedded in a matrix comprised primarily of a thermoplastic resin such as butadiene styrene, polybutadiene or MBS resin of acryl rubber group. The polishing tool includes fixed-abrasive polishing tool that contains abrasive particles within the polishing tool, or a polishing pad containing non-fixed-abrasive particles.